

# Tri-Town Youth Baseball & Softball Winter Workouts 2019



Work on the fundamentals of hitting, throwing, fielding through fun drills, live batting, relays and games.

Winter workouts will be Sundays beginning January 20th.

10-12 year olds 1:30 to 2:45pm

7-9 year olds 2:45-3:30pm

Girls softball 2:45-3:30pm

Cost will be \$85 per player

Winter workouts will be at the Courtside Sports Center in Harwinton - a 20,000 square foot facility at 517 Burlington Road Harwinton, CT 06791. 860-689-0090 <http://courtsidesportscenter.com/>

***REGISTER TODAY!!***

Parents will have the opportunity to observe and learn proper teaching techniques from the instructors to allow for reinforcement instruction at home