



# HEALTHY INDULGENCES WITH YOUR LOVED ONES

## **ANY AGE ALISSA MONTELEONE**

February and chocolate go hand in hand. Good thing chocolate is an amazing part of a healthy lifestyle! It's true! Join Personal Chef Alissa Monteleone and learn how to make simple, crazy delicious chocolate treats. Alissa will share the health benefits of all the ingredients and muse on why celebrating with food is positive to our well being. This fun, family friendly program is open to all ages. Chocolate making kits will be available for pick up at the ASAP! Office (details below). All kits come complete with everything you need in a beautiful, reusable gift bag. Make one for yourself or make many for beautiful handmade gifts.

**FRIDAY, FEB. 12, 2021 | 4:00-5:00pm**  
*Virtual*

Supply pick up on Wednesday, Feb. 10 at ASAP! 4:00-6:00pm. Supplies can be sent home with Burnham Students. Please call for Torrington/Waterbury pick up locations/times.

1 session: \$25 Fee includes 1 chocolate making kit.  
Additional kits only \$6. 1 kit makes 1 chocolate bar.

*Financial aid available if needed*

Visit [asapct.org](http://asapct.org) or call 860-868-0740 to register